Soft Tissue Management

*What is Soft Tissue Management?*

Soft Tissue Management is an individualized plan to eliminate infection of the gums and root surfaces. An appropriate plan will be chosen by your dentist, hygienist, and you. The hygienist will perform the treatments to help eliminate infection, make recommendations to help you more effectively clean your teeth daily, and guide you through our efforts to achieve and maintain oral health.

*What is Root Planing?*

Root planing is the treatment of the diseased root surfaces below the gumline. A routine prophy (cleaning) emphasizes cleaning the teeth above the gumline in a generally healthy mouth. Root planing focuses on eliminating tartar and plaque below the gum and detoxifying the root surfaces where the disease occurs. Obtaining smooth roots and flushing out the pockets allows for healthy reattachment of the gums to the root surfaces.

*What do we hope to accomplish with Soft Tissue Management?*

- Gums that do not bleed
- Fresher breath and taste
- Gums that are not red, swollen, or tender
- Knowing how to effectively maintain good oral hygiene
- Reducing pocket depths
- Control of Periodontal Disease

*What do we need from YOU, the patient, to make this treatment a success?*

- Completion of the periodontal therapy prescribed by your dentist
- Thoroughly cleaning all tooth surfaces two times a day
- Maintenance of regular recare visits